



आत्मानम् विद्धि:

# antarnād Foundation

Psychoanalytic counseling & psychotherapy for individuals, couples and families

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## PRESENTS

### FREUD'S "BEYOND THE PLEASURE PRINCIPLE"

On December 3<sup>rd</sup> & 4<sup>th</sup> (Saturday & Sunday), 2016

By Sarala Kapoor

(Training & Supervising Psychoanalyst)

This 1920 essay marks a major turning point in Freud's theoretical approach. Previously, he attributed most human behavior to the sexual instinct (eros or libido). With this essay, Freud went "beyond" the simple pleasure principle, developing his theory of drives with the addition of the death drive(s) or thanatos. The essay describes humans as struggling between two opposing drives: Eros, which produces creativity, harmony, sexual connection, reproduction, and self-preservation; and thanatos, which brings destruction, repetition, aggression, compulsion, and self-destruction. Saralaji will contextualize these concepts with the current understanding during the discussions.

**Pre-Workshop Reading:** "Beyond the Pleasure" (1920) by Sigmund Freud.

*If you want a scanned copy of this book, we can make it available to you at nominal cost.*

**Venue:** 402 Shikhar, Mithakali Six Roads, Ahmedabad. **Timings:** 9:30 am to 5:00 pm (Both days)

**Fees:** In the interest of making this workshop accessible widely to students and clinicians, Antarnad would like to keep the fees just to cover the incidentals:

1. For Students: Rs. 500 for the 2 days.
2. For Professionals / practicing clinicians: Rs. 1500 for the 2 days.

We will have a simple vegetarian lunch and tea/refreshment served on both days for all the participants.

**Registration:** Please fill up the registration form (attached) and send it to us (scan/email, by post or in-person). Participation will be confirmed on first-come-first basis and only after the receipt of the fees, since space is limited.

Sarala Kapoor is a training and supervising analyst with the Indian Psychoanalytical Society (IPS; [www.ipsindiaonline.com](http://www.ipsindiaonline.com)), Kolkata – the premier psychoanalytic professional body in India. In addition to her career with the Institute of Post-Graduate Medical Education and Research, Kolkata, she represented IPS at the International Psychoanalytic Studies Organization (IPSO), Hague. She has also authored a number of papers ("Freedom from known: A transference-countertransference relationship", "The Necrophilic society", "Ardhnariswara: From the perspective of dynamic energy", etc.) and organized workshops (e.g. Human sexuality, Ethics of Psychotherapy, Drug abuse).